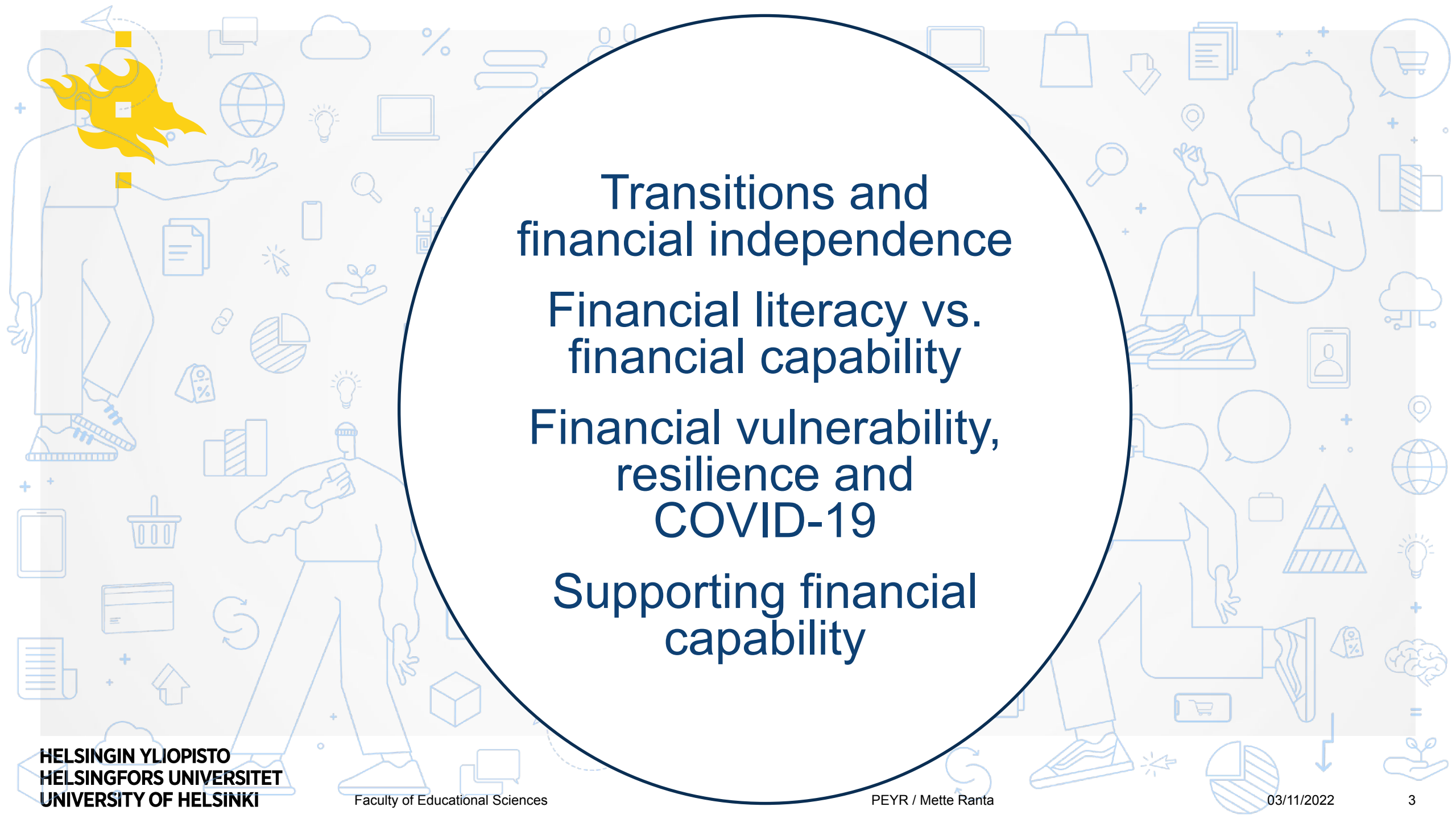




FINANCIAL LITERACY

EXPLORATION WORKSHOP

Mette Ranta, PhD, University of Helsinki; Ministry of Justice, Finland
Perspectives on Youth seminar: Young people's autonomy
7-9 November 2022
European Youth Centre Budapest, Hungary

The background of the slide is a light gray field filled with various blue line-art icons. These icons represent a wide range of concepts: financial (shopping cart, bar charts, pie charts, coins, credit cards, banknotes), educational (books, graduation cap, lightbulbs, magnifying glass), and general life/technology (laptop, smartphone, person sitting, person walking, cloud, globe, speech bubbles, arrows, plus signs).

Transitions and
financial independence

Financial literacy vs.
financial capability

Financial vulnerability,
resilience and
COVID-19

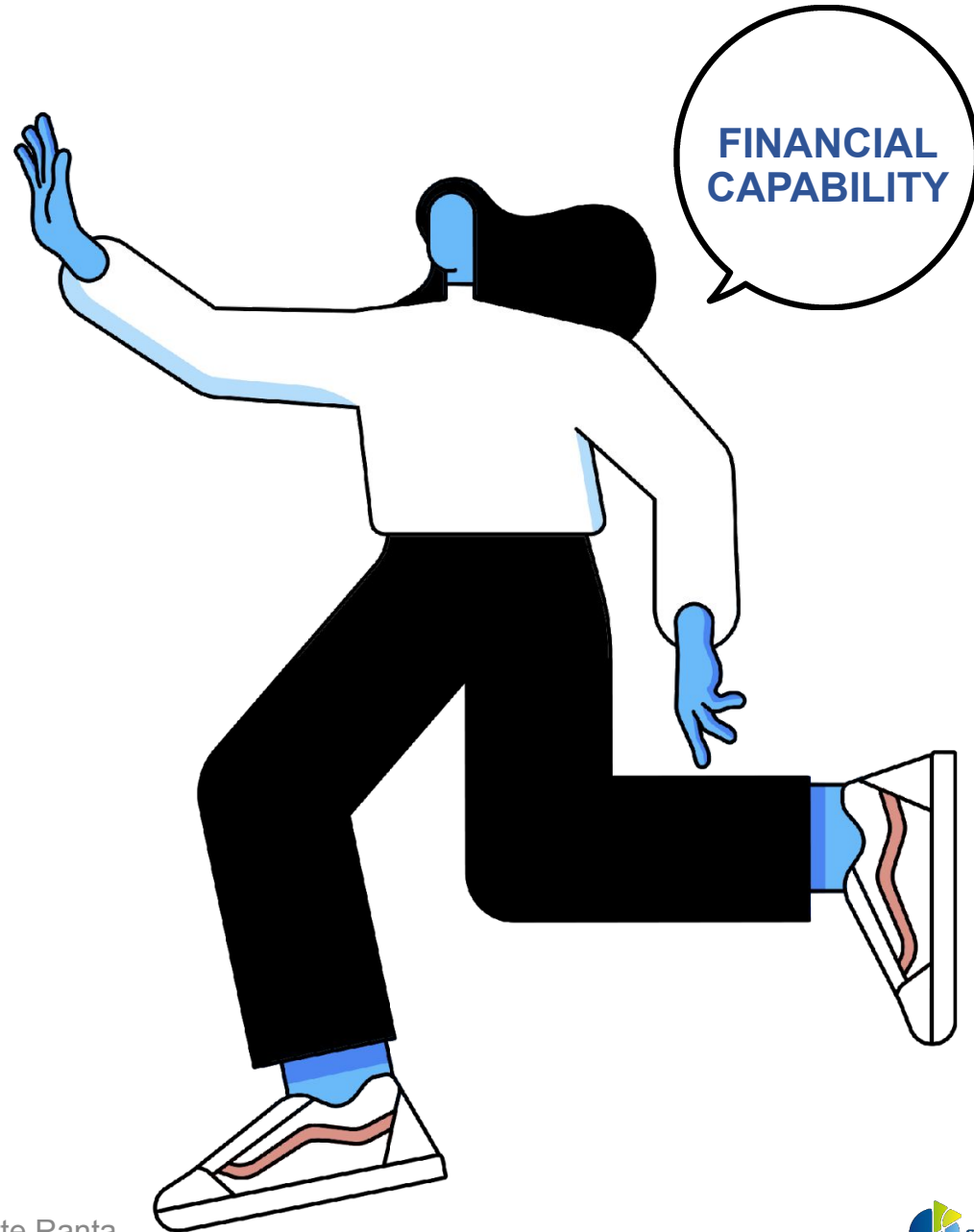
Supporting financial
capability



TRANSITION TO ADULTHOOD AND FINANCIAL INDEPENDENCE

- Time of multiple, simultaneous changes
 - Demographically 'dense' phase (18-30 years)
- Two main transitions while entering typical adult roles
 - Discrete social and demographic passages
 - From the educational system -> the labor market
 - From the parental household -> own household
- Important developmental task (Arnett, 2000; Lee & Mortimer, 2009; Serido et al., 2013)
 - Source of self-confidence and life management (Arnett, 2004; Cunnie et al., 2009)
- Failure affecting other developmental outcomes and well-being (Danzinger & Ratner, 2010)





FINANCIAL CAPABILITY



(Serido, Shim & Tang, 2013)



A DEVELOPMENTAL MODEL

- The process of...
 - Acquiring financial knowledge
 - Engaging in financial behavior
- In order to manage social roles and responsibilities (Serido et al., 2013)





**FINANCIAL
KNOWLEDGE**



**FINANCIAL
BEHAVIOR**



WELL-BEING

Financial literacy



FINANCIAL KNOWLEDGE

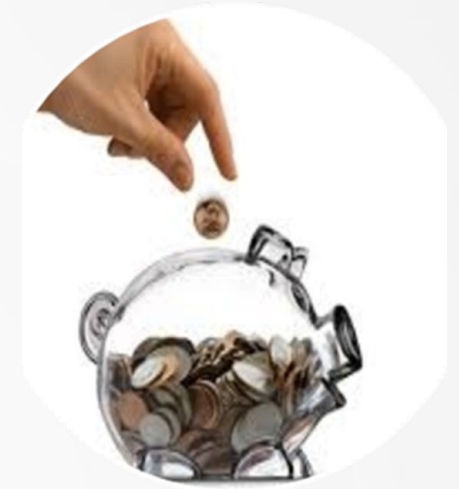
- Evolves and develops
 - Justifies a life course perspective: adolescence and young adulthood (Serido, 2012)
- Objective
 - Income management, wealth, loan, savings and investments: making a budget, financial services
 - Economy-related facts: understanding concepts
- Subjective (Shim et al., 2010)
 - Personal judgment of finances management





FINANCIAL BEHAVIOR

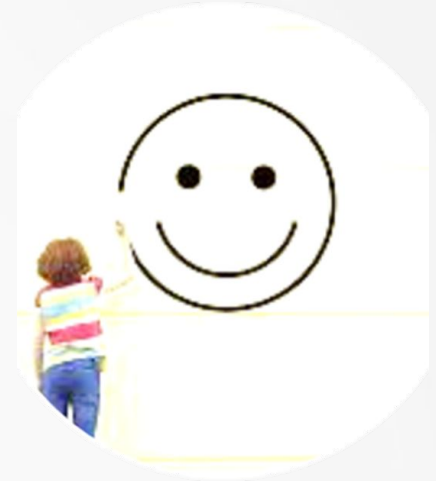
- Emerges through interaction between
 - Agency (e.g., abilities and knowledge)
 - The context (e.g., opportunities)
- Frequency of healthy financial behavior: tracking monthly expenses, spending within budget, saving money, investing, etc. (Shim et al., 2010)





WELL-BEING

- Domain-specific: subjective financial situation and financial well-being
- General: life satisfaction





FINANCIAL KNOWLEDGE



FINANCIAL SELF-BELIEFS

*Financial attitude
Perceived behavioral control
Financial self-efficacy*



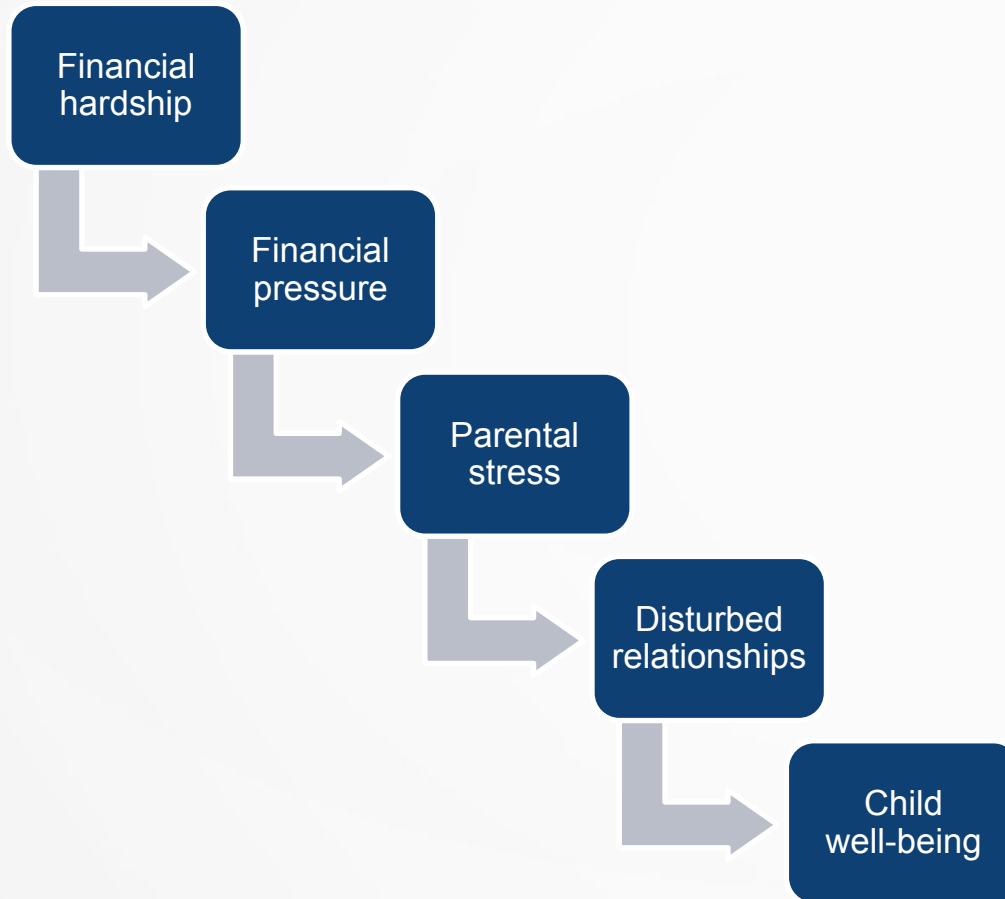
FINANCIAL BEHAVIOR



WELL-BEING



FINANCIAL SOCIALIZATION AND THE FAMILY ECONOMIC STRESS MODEL



Special Issue: Financial Instability

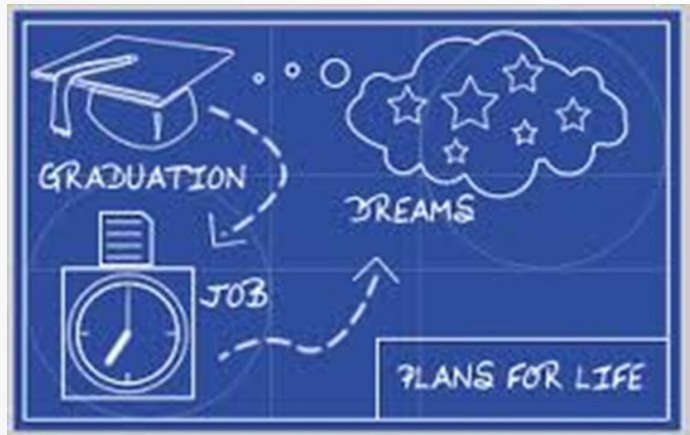
The Economic Stress Model in Emerging Adulthood: The Role of Social Relationships and Financial Capability

Mette Ranta¹, Raija-Leena Punamäki², Angela Chow³, and Katariina Salmela-Aro¹

(Conger & Elder, 1994, 2000; Ranta et al., 2020)
(LeBaron & Kellye, 2021; Serido & Deenanath, 2016)



TRANSITION TO ADULTHOOD: FINANCIAL INDEPENDENCE



Uncertainty: individual and societal
"Transition to adulthood"
prolonged and fragmented
Emerging adulthood
Financial vulnerability



CONTEXTUAL FACTORS

- Context of European economic upheavals in the late 2000s and the pandemic
 - Financial insecurity and high unemployment
 - 43% unemployed facing trouble making ends meet (Eurofound, 2021)
- Restructuring of labor markets and macroeconomic conditions
 - Irregular and part-time employment possibilities in the late 2000s
 - “Hard times”, led to a downturn in personal financial situations
 - *Economically vulnerable* (Gesthuizen & Scheepers, 2010; Rothwell & Han, 2010)
- Affecting the transition to adulthood and developmental task timing (Buchmann & Kriesi, 2011)
- Changes in personal financial resources of young adults due to irregular and uncertain income
 - Challenges in attaining economic stability and self-sufficiency



UNCERTAINTY: NEED FOR RESILIENCE

- Young adults most concerned about the pandemic affecting their financial situation and mental health (Ranta et al., 2021)
 - Financial and psychological factors together
 - Financial situation, life satisfaction and trust in other people
- Acknowledging youth financial vulnerability in the pandemic context
- Young adults are expected to manage constantly changing circumstances, increase flexibility and tolerate insecurity
- Supporting emotional and social resources to strive in educational and career contexts at an early stage
- Supporting an (updated form of) youth financial literacy
- Supporting youth agency and self confidence



National Strategy of Financial Literacy in Finland

PEYR / Mette Ranta
Bank of Finland

Aspects of financial literacy



Saving



Purchasing



Everyday
spending



Borrowing



Insuring
(incl. employment
pension
insurance)



Investing/owning



Planning own
finances and
financial
preparedness

Promoting financial literacy in Finland



Financial literacy is a combination of the knowledge, behaviour and related attitudes.



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**KIITOS,
THANK YOU!**

Q&A

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